

## WESTAMPTON TOWNSHIP PUBLIC SCHOOLS

700 RANCOCAS ROAD WESTAMPTON, NEW JERSEY 08060 PHONE (609) 267-2053 FAX (609) 267-2760

Virginia M. Grossman Superintendent of Schools

Dear Parent/Guardian:

New Jersey Administrative Code (6:29-4.1, 4.2) mandates Family Life and HiV/Aids education in New Jersey Schools.

The Family Life Program is incorporated into the health curriculum. Family Life education aims to develop an understanding of the physical, mental, emotional, social, economic, and psychological aspects of interpersonal relationships. The Family Life Program aims to support the development of responsible personal behavior and to strengthen family life.

The HIV Prevention Program is incorporated into the health curriculum. Emphasis is placed on prevention of HIV infection and the effects of the disease on daily life.

In both areas course content is age-appropriate and carefully monitored. Copies of the curriculum are available for your review. Please contact the building principal for more information.

A topic outline is attached for your review.

If you find any portion of the Family Life Program in conflict with your moral or religious beliefs you may petition, in writing, to have your child excused from that portion of the health program. Please direct your written request to the building principal.

The Family Life and HIV Prevention Programs have been carefully designed in consultation with students, parents, community members, and staff. We look forward to your continued support!

Educationally yours,

Virginia M. Grossman

Superintendent

VMG/bw Attachment

# Westampton Middle School - Health Curriculum

### Grade 5

- Safety and First Aid
- Fire Prevention
- Violence
- Healthy Habits
- Intro to Puberty

### Grade 6

- Body Image
- Eating Disorders
- Nutrition
- Maintaining a Healthy Weight
- Communicable and NonCommunicable Diseases

### Grade 7

- Alcohol
- Tobacco
- Drugs and Medicine
- Addiction and Recovery

#### Grade 8

- Male and Female Reproductive Systems
- Pregnancy/Child Birth
- Consequences of Teen Pregnancy
- Abstinence and Refusal Skills
- Sexually Transmitted Infections
- HIV and AIDS
- Healthy Relationships